

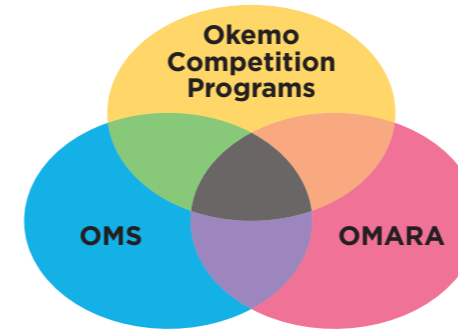
# competition programs freestyle



winter 2013 / 2014



■ Okemo Mountain School (OMS), ■ Okemo Mountain Alpine Racing Association (OMARA), and the ■ Okemo Competition Programs are three entirely separate entities. Although separate, they work very closely together, sharing facilities and staff so inherently they become one at times.



■ OMARA is a booster club that was formed over 20 years ago to support the staff and athletes from the mountain program as well as encompassing OMS students when the school was founded.

■ Over the years, OMARA has helped furnish coaching supplies that could not be budgeted for through the mountain or the school, as well as offered financial aid to athletes and coaches for educational purposes.

■ OMARA hosts socials and informational meetings directed to parents throughout the year, as well as helps with costs associated with the Competition Center building and the Yurt. Last season OMARA bought a projector and 50" TV that every group has utilized for video on a weekly basis.

■ All athletes that are in either the Okemo Mountain Competition Program or OMS must join OMARA. This has been a policy since the inception of OMARA.

■ The Okemo Competition Center is a department of Okemo Mountain Resort which offers many programs including but not exclusive to alpine skiing, freestyle skiing, and snowboarding. Program fees and all costs associated with this program are paid directly to Okemo Mountain Resort.

■ The Okemo Mountain School (OMS) is a private not-for-profit educational institution which carries itself financially, paying for building costs, teachers, coaches, insurance, and taxes. It was founded upon requests from program parents for the development of a school that would cater to our own program.

■ The coaches that work for OMS during the week work for the mountain on the weekends. The weekend program athletes train and compete side by side (according to ability and the series they are associated with) with OMS students, thus becoming a "TEAM" on the weekends.

*Rates and dates listed in this brochure are subject to change without notice. Please call 1-802-228-1600 or visit okemo.com for complete details.*

## Okemo Mountain Resort

77 Okemo Ridge Road, Ludlow, VT 05149  
(802) 228-1600 · okemo.com

## INSTRUCTIONS FOR APPLICATION

1. Select Program(s) and fill in amounts
2. If NEW to any program, select screening date and add \$25 screening fee.
3. Enclose SEPARATE CHECK for OMARA dues, payable to OMARA. Every participant must join OMARA. \$100 Family Membership includes all participants in family. Your membership helps fund all disciplines and entitles all members discounts at the following ski shops: Okemo Mountain Snowsports Shop, Totem Pole, Northern Ski Works, Great Outdoors, and The Boot Pro.
4. Please make non-OMARA checks payable to Okemo Mountain Resort.

For more information, call 802-228-1483.

Mail To: Okemo Mountain Resort, Attn: Competition Center  
77 Okemo Ridge Road, Ludlow, VT 05149



## OKEMO MOUNTAIN SCHOOL

Okemo Mountain School was designed with the serious competitor in mind. Founded in 1992, the school provides an opportunity for skiers and snowboarders, in grades 7 - 12, to achieve both their athletic and academic goals during the winter season. It is the goal of the Okemo Mountain School that students will develop lasting values, such as a sense of responsibility for self and others, a desire to constantly improve one's life and the lives of others and to strive to be the best athlete.



For more information on the Okemo Mountain School, please call the OMS Headmaster at 802-228-1510 or visit us on the web at [www.okemomountainschool.org](http://www.okemomountainschool.org).

# 2013/2014 OKEMO JUNIOR COMPETITION PROGRAM APPLICATION

Classification (please circle one)	1 <sup>st</sup> Child	2 <sup>nd</sup> Child	Sub-total
1 OMS	\$1,600	\$1,550	
OMST GROMS	\$1,200	\$1,150	
FRESH START FREESTYLE	\$1,100	\$1,050	
B MOGUL TEAM	\$1,550	\$1,500	
A MOGUL TEAM	\$1,550	\$1,500	
B FREERIDE TEAM	\$1,550	\$1,500	
A FREERIDE TEAM	\$1,550	\$1,500	

New applicants: please check one of the following screening dates and enclose \$25 screening fee  
 Dec. 1    Dec. 2    Dec. 8    Dec. 9

All applicants must be members of OMARA. Please make separate check to OMARA.          + 100

TOTAL AMOUNT ENCLOSED = TOTAL OMARA AMOUNT + TOTAL PROGRAMS AMOUNT + 25

Child's Name: \_\_\_\_\_

Age (as of 12/31/13): \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex:  M  F

Parents' Names: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_

Father's Mobile Phone: \_\_\_\_\_

Mother's Mobile Phone: \_\_\_\_\_

Local Address: \_\_\_\_\_

Local Phone: ( ) \_\_\_\_\_

Email Address: \_\_\_\_\_

## Okemo Mountain's Competition Programs

are designed with the long-term development of young athletes in mind. We constantly explore new ways of creating excitement. Our goal is to help competitors become the best that they can be. Whether the recreational competition path is chosen or the path to national championships, we strive to instill healthy competitive drive and the love of a lifetime sport.

*All competitors and participants must be a member of OMARA. Applications must include initial OMARA dues.*

*All programs start November 24<sup>th</sup>.*

### GENERAL INFORMATION

- Travel is not mandatory for any group, however, training at Okemo may not be available on competition days.
- In our programs that require travel, Okemo Mountain is not responsible for travel arrangements.
- Equipment in the Training Center must be stored in lockers. Lockers are not provided for all participants and must be signed up for with the race secretary.
- Helmets are required by the United States Ski Association (USSA) and the United States of America Snowboard Association (USASA) for all participants.
- Helmets are required at all times for OMST and OMST Groms teams.
- 2-day programs run every Saturday and Sunday. 3-day programs run every Friday - Sunday. **Training will be scheduled during the following vacation dates: December 26-31, 2013 and February 17-21, 2014**
- Fees do not include coaching fees for National Events.
- Competitors must hold USSA, USASA license.

### QUALIFICATIONS GUIDELINE

Applicants must be able to master the majority of mountain terrain and ride all lifts. All new applicants must be screened before acceptance. This is to insure the readiness of the athlete and the proper program placement. Screenings are conducted the first two weekends in December. Appointments may be made through the Okemo Competition Center.

[go2omara.com](http://go2omara.com)



### OKEMO MOUNTAIN SNOWBOARD TEAM (OMST)

The Okemo Mountain Snowboard Team is for any advanced rider looking to compete and to take his/her riding ability to a higher level. Our coaching staff will work on all disciplines with the athlete to ensure that the rider becomes well rounded and well versed on a snowboard. Being able to ride everything confidently is the foundation that can generate personal and competitive success in snowboarding. We promote camaraderie within a team environment and strive to enhance the lives of each and every athlete by creating the ultimate on-hill winter experience.

<b>Ages</b>	10 - 18 years old
<b>Times</b>	Weekends and Holidays 8 AM - 1:30 PM (afternoon meeting times may vary after training groups are established)
<b>Meeting Place</b>	In front of the Sitting Bull
<b>Format</b>	Heavy emphasis on freestyle instruction (halfpipe and slopestyle) in addition to alpine training (GS and slalom) and boardercross instruction.
<b>Cost</b>	1 <sup>st</sup> Child: \$1,600; 2 <sup>nd</sup> Child: \$1,550

### OMST GROMS TEAM



The Groms Team has been developed to provide coaching for young, aspiring snowboarders who would like to start competing, but who have not yet reached the level of the older kids on OMST. The Groms Team will be a part of the OMST training program, but will have a smaller coach to athlete ratio to provide a fun and safe learning environment for the little rippers.

<b>Ages</b>	6 - 9 years old
<b>Times</b>	Weekends and Holidays 8 AM - 1:30 PM (afternoon meeting times may vary after training groups are established)
<b>Meeting Place</b>	In front of the Sitting Bull
<b>Format</b>	Emphasis on freestyle instruction (halfpipe and slopestyle), alpine training (GS and slalom) fundamentals, and boardercross.
<b>Cost</b>	1 <sup>st</sup> Child: \$1,200; 2 <sup>nd</sup> Child: \$1,150

*For more information on the Okemo Mountain Snowboard Team please visit [go2omara.com/snowboard](http://go2omara.com/snowboard)*

### FRESH START FREESTYLERS TEAM

<b>Ages</b>	8 - 12 years old
<b>Goal</b>	Introduce young skiers to meeting & learning weekly in a non-competitive format.
<b>Competition</b>	Although non-competitive, athletes can participate in the Okemo B Mogul Competition.
<b>Travel</b>	No travel involved with this program.
<b>Cost</b>	1 <sup>st</sup> Child: \$1,100; 2 <sup>nd</sup> Child: \$1,050

### B MOGUL TEAM

<b>Ages</b>	9 - 18 years old
<b>Goal</b>	Develop proficiency at maintaining a line in the moguls, holding a good form. Successfully complete two jumps in a mogul course.
<b>Competition</b>	Compete in the USSA Eastern Series B level mogul competitions
<b>Travel</b>	Day trips to other mountains for competition.
<b>Cost</b>	1 <sup>st</sup> Child: \$1,550; 2 <sup>nd</sup> Child: \$1,500

### A MOGUL TEAM

<b>Ages</b>	14+ depending on ability/experience
<b>Goal</b>	Enter more serious level of training & competition.
<b>Competition</b>	Compete in USSA Eastern Series A level mogul & Dual mogul.
<b>Travel</b>	Logistics/supervision handled & coordinated by Head Mogul Coach.
<b>Cost</b>	1 <sup>st</sup> Child: \$1,550; 2 <sup>nd</sup> Child: \$1,500

### B FREERIDE TEAM

<b>Ages</b>	9 - 16 years old
<b>Goal</b>	Solidify skiing, jumping, safety & competency on all terrain park features.
<b>Competition</b>	Compete in USSA Eastern Qualifier Series B & Big Air competitions.
<b>Travel</b>	Day trips to other mountains.
<b>Cost</b>	1 <sup>st</sup> Child: \$1,550; 2 <sup>nd</sup> Child: \$1,500

### A FREERIDE TEAM

<b>Ages</b>	9 - 16 years old
<b>Goal</b>	Compete safely at the highest level of Freeride (park & pipe) skiing.
<b>Competition</b>	Compete in the USSA Eastern Championship Series A Level Slopestyle & Halfpipe competitions.
<b>Travel</b>	Logistics handled by Head Freeride Coach.
<b>Cost</b>	1 <sup>st</sup> Child: \$1,550; 2 <sup>nd</sup> Child: \$1,500

### PRIVATE TRAINING

Work one-on-one with an Okemo Racing Pro and you'll find one of the fastest ways to take your ability to a higher level. From Racing to Freestyle to Snowboarding, our competition staff can help you advance. Private lessons are available for \$100-115 per hour and can be booked through the Okemo Competition Center at 802-228-1483.

